

SnugZ-usa
PROMO ELEVATED

PEPPERMINT



Essential Oil

Peppermint is a strong, distinct, clean, fresh, minty aroma and is popularly known to help open up respiratory pathways and aid in digestive function.

Benefits

- Promotes healthy respiratory function and clear breathing*
- Alleviates occasional upset stomach*
- Frequently used in toothpaste and chewing gum for oral health*

Uses

- Place 2 - 3 drops in diffuser water and breathe in the soothing aroma
- Dilute with fractionated coconut oil for a purifying full-body massage or use topically on sensitive skin
- Place 1 drop in 4 ounces of water and ingest
- Place 3 drops in a warm bath and soak to refresh
- Put 2 drops on a wet cloth and put it in the dryer with washed laundry for great smelling clothes
- Place a few drops of Peppermint essential oil on a cotton ball to repel household pests like mice, spiders and other crawlies without harsh pesticides

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Zen products are now available in gift sets so you can deliver a positive and memorable message to those you cherish most. (E-Diffuser w/Duo 15mL Dropper & 10 mL Roller Bottle Shown)