



LAVENDER

ASI 88060 | SAGE 53744 | UPIC SNUGZUSA | SNUGZUSA.COM



Essential Oil

Lavender is a fresh, floral, herbaceous aroma that has a long-standing history of therapeutic uses for the mind and body.

Benefits

- Widely used for its calming and relaxing qualities*
- Soothes occasional skin irritations*
- Helps skin recover quickly*
- Eases muscle tension*

Uses

- Place 2 - 3 drops in diffuser water and breathe in the relaxing aroma
- Dilute with fractionated coconut oil for a full-body massage or use topically on sensitive skin
- Place 3 drops in a warm bath and soak to relieve stress
- Put 2 drops on a wet cloth and put it in the dryer with washed laundry for great smelling clothes



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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Zen products are now available in gift sets so you can deliver a positive and memorable message to those you cherish most. (E-Diffuser w/Duo 15mL Dropper & 10 mL Roller Bottle Shown)